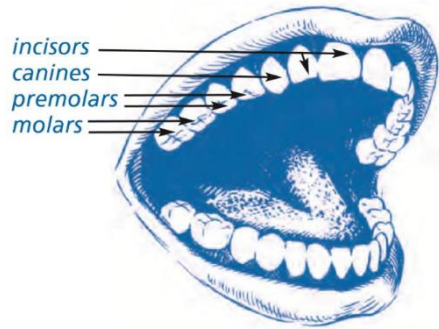


Year 3/4 Science Knowledge Organiser

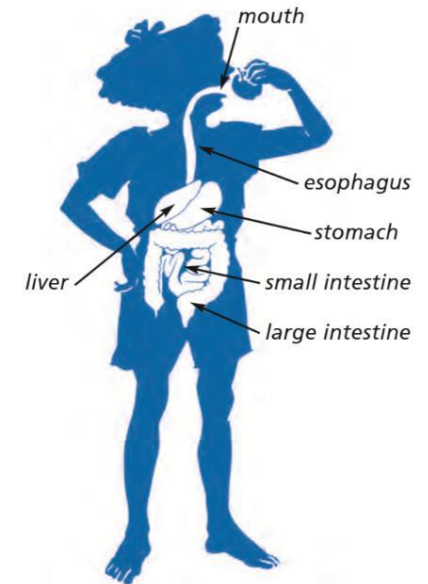


Wash your hands with soap and water, then look in a mirror and try to point to and identify your different teeth.

- Minerals make healthy skin and strong bones and teeth.
- Fibre helps your body digest food. It is found in vegetables, whole grains and fruit.
- Vitamins help your body stay healthy and fight disease. Vitamins are found in fruit and vegetables.
- Fats in milk products, meat and fish help your body build healthy nerves and fight off disease.
- Protein, which is found in meat, milk products, beans and fish, builds muscles and repairs damage.



| Key vocabulary | Definition |
|------------------------|--|
| Digestion | The process by which food is converted into substances that can be absorbed into the body. |
| Salivary glands | Any of three pairs of glands in the mouth and digestive system that secrete saliva for digestion. |
| Oesophagus | The tube that leads from the mouth through the throat to the stomach. |
| Stomach | The pouch into which food passes from the oesophagus for mixing and digestion before passing to the small intestine. |
| Small intestine | The chief site of the digestion of food into small molecules which are absorbed into the body. |
| Large intestine | Takes water and some minerals from leftover food material and creates solid waste. |
| Vitamins | Substances necessary for the healthy functioning of our bodies. |



These are some of the major organs in your digestive system.